

# Hiding, HURTING & Healing

**Thursdays, Feb. 6-March 26**

**Weekly 6:30 - 8:30 p.m.**

**Out of Hiding-Beyond Hurting - Into Healing**

**All Women are welcome-come for yourself or  
come to help others.**

**TOPICS—ALL WITH  
BIBLICAL FOUNDATIONS  
IN VIEW:**

Christ—Our Life  
Knowing God's Love  
Understanding Abuse  
Overcoming Shame  
Understanding Emotions  
Boundaries  
Thought Life  
Forgiving  
Christ-like Boundaries  
Victory Over Evil  
TIME FOR SHARING  
ASSIGNMENTS FOR  
DISCUSSION

**Confidentiality  
Is emphasized**

**FOUNTAIN HILLS  
CHRISTIAN  
CENTER**

**16239 E.  
IRONWOOD DR.**

Downstairs door-drive to the left-rear  
of Lot

**Preregistration is preferred or just come  
for as many sessions as you can.**

**We request a donation of \$10 to cover  
materials.**

**If you are encountering  
abuse in a relationship or  
you desire to experience  
healing and victory over  
hurt or betrayal, this is for  
you.**

**For information or to register call: JoAnne 763-242-9181**

**or email: joannecrosby40@yahoo.com Website: hidinghurtinghealing.com**